



BREAKFAST MENU 2024

GALE'S FAVOURITES

THE SCOTIAN \$11.50

One egg any style with your choice of two pieces of bacon, one piece of ham or one sausage. Served with home fries, toast and coffee/tea.

THE YARMOUTH \$14

Two eggs any style with your choice of ham, sausage or bacon. Served with home fries, toast and coffee/tea.

HUNGRY FISHERMAN \$18

Two eggs any style with ham, two sausages bacon, home fries and toast.

THE GRAND BREAKFAST SANDWICH \$11.50

Choice of bacon, ham or peameal bacon. Served on an English muffin with home fries.

FISH CAKES \$14

Two golden brown fish cakes served with one egg any style, grilled tomatoes, housemade baked beans, and chow.

HEALTHY START

HEALTHY CHOICE \$13.50

Greek yogurt with granola, topped with berries and served with a fruit cup.

AVOCADO TOAST \$13.50

Multigrain toast, poached egg, avocado, tomato slices, and cottage cheese topped with green onions.

SUBSTITUTE

HOME FRIES FOR FRESH FRUIT AT \$3 PER MEAL

EGGS

EGGS BENEDICT

Two poached eggs on a toasted English muffin with hollandaise sauce. Served with home fries.

PEAMEAL BACON \$16

SMOKED SALMON \$21.95

CHEF'S OMELETTE \$14

Our three-egg omelette with your choice of any two items below. Served with home fries and toast.

Cheese | Mushrooms | Onions | Peppers

Jalapeños | Tomatoes | Bacon | Ham | Sausage

ADD EGG WHITE +\$1 | ADD EXTRA ITEM +\$1 EACH

BREAKFAST POUTINE \$16

Ham, bacon and sausage on home fries with hollandaise sauce, shredded marble cheese, green onion, and two poached eggs.

STEAK & EGGS \$22

Two eggs any style, striploin steak, home fries & toast.

SWEET TREATS

BUTTERMILK PANCAKES \$11.50

Three buttermilk pancakes sprinkled with icing sugar and served with butter & maple syrup.

ADD BERRIES +\$2

FRENCH TOAST \$10

Thick sliced bread dipped in egg, seasoned with cinnamon and sprinkled with icing sugar.

ADD BERRIES +\$2 | ADD WHIPPED CREAM +\$2

WAFFLE \$9

Sprinkled with icing sugar and served with warm maple syrup.

ADD BERRIES +\$2 | ADD WHIPPED CREAM +\$2

À LA CARTE

- ONE EGG (any style) \$3
- TWO EGGS (any style) \$5
- BACON, HAM, SAUSAGE or PEAMEAL BACON \$4
- HOME FRIES \$5
- TOAST with PRESERVES \$3
- GLUTEN-FREE TOAST with PRESERVES \$4
- BAGEL with CREAM CHEESE \$5
- ENGLISH MUFFIN \$3
- COLD CEREALS \$4
- OATMEAL \$6
- YOGURT \$3
- GREEK YOGURT \$5
- FRESH FRUIT CUP \$6.25
- AVOCADO \$5
- BREAKFAST SANDWICH \$6.50
- HOUSE-MADE BAKED BEANS \$5
- ONE FISH CAKE \$6

BEVERAGES

- MILK
Small \$2.50 | Large \$3.50
- CHOCOLATE MILK
Small \$2.50 | Large \$3.50
- HOT CHOCOLATE \$3.50
- JUICE
Small \$2.50 | Large \$3.50
- COFFEE/TEA \$2.50

All prices are subject to applicable taxes